

## Home Care Packages with Colac Otway Shire: *“Caring for the Growing Needs of Our Community”*



# Maintaining your independence at home



Maintaining your independence at home – A Home Care Package is Government funding to pay for in-home services for older Australians. This enables you to stay in your home for longer, to keep managing daily activities and delay moving into residential aged care.

A Consumer Directed Care (CDC) Government Subsidised Home Care Package is one where you, the consumer, has the right to make decisions about the support you need. Our expert Home Care Packages Team can help you gain more out of your Home Care Package and will assist you in selecting the services that suit your care needs.

A Home Care Package with Colac Otway Shire Council will provide you with more choices and service options, seven days a week. An individualised care plan will allow you to utilise the services and supports you require, giving you more funds to use from your package.

*Local, Reliable & Friendly*

## What are the differences in Home Care Packages?

There are **four levels** of Home Care Packages assigned by the Commonwealth Government to provide you with assistance.



**HCP Level 1**

Helps people with **basic care** needs.



**HCP Level 2**

Helps people with **low level care** needs.



**HCP Level 3**

Helps people with **intermediate care** needs.



**HCP Level 4**

Helps people with **high care** needs.

A Home Care Package with Colac Otway Shire Council gives you access to many types of individualised and flexible supports, available in the security of your own home.

Contact Colac Otway Shire Council - Aged Care Services on (03) 5232 9420 to discuss how we can create the right package for you.

# Home Care Package range of services and supports:

Here is a list of recommended options available to you.

## IN-HOME SUPPORT

- Domestic Assistance
- Home Maintenance
- Laundry
- Spring Clean
- Meal Preparation
- Personal Care
- Respite
- Safety Checks
- Personal Care
- Companionship
- Medication Reminders
- Lawn-Mowing & Gardening



## HEALTH

- Exercise Groups
- Continence Management
- Physiotherapist
- Falls Prevention Programme
- Pain Management
- Occupational Therapist
- Equipment and Supplies
- Counsellor
- Palliative Care
- Nursing
- Dietician
- Medication Support
- Speech Pathologist
- Assistance after hospital discharge
- Podiatrist

## COMMUNITY & SOCIAL CONNECTION

- Social Outings/Groups
- Companionship
- Emergency alarms & sensors
- Transport
- Shopping
- Bill Paying & Errands
- Medical Appointments
- Local Appointments





A devoted Care Manager will support you to create a plan to use your funding in the most efficient way possible. We will check in with you regularly via phone calls or a home visit to make sure your needs are being met

Colac Otway Shire Council has over 20 years of experience in supporting hundreds of clients in the local area. As your provider, we will assist you to retain your independence and feel supported.

#### **CARE MANAGEMENT**

- ✓ Devoted Care Manager
- ✓ Setting Goals and Creating Goal-Directed Care Plans
- ✓ Care Coordination with External Service Providers
- ✓ Ongoing advice & support
- ✓ Emergency After Hours Support

#### **PACKAGE MANAGEMENT**

- ✓ Preparing Monthly Statements
- ✓ Managing your package funds
- ✓ Compliance and Quality Assurance activities required for home care.
- ✓ Ongoing research and development for service improvement

***Changing the way you receive support in your home***

# Choose Confidently, choose Colac Otway Shire Council

Please contact Colac Otway Shire – Aged Care Services on (03) 5232 9420



The Colac Otway Shire proudly acknowledges the Gulidjan and Gadubanud peoples, past, present and emerging, as the traditional custodians of the Colac Otway Region.

